

# HOME, ITS PROBLEMS AND INTERESTS

## A LESSON IN PALMISTRY

### The Mounts of the Hand

BY MARTINI

HAVING considered the different type of hands, thumbs and finger nails, we have before us today the mounts of the hand. I class this with Chiromancy or the study of the shape of the hand. These mounts tell of constitutional qualities, disposition, aptitude and tendency toward disease. To be able to pick the most prominent mount or mounts is to be able to tell the subject's principal characteristics and physical weaknesses at a glance.

These mounts or swellings are found at the root of each finger and are easily located by tracing the outline to the apex or summit of the mount, thus learning whether the mount is in its proper place or leaning to a neighboring mount. To the inexperienced eye a magnifying glass may be of great assistance. The illustration herewith will give a better understanding than words.

The mounts have often been said, and very justly I think, that they can be considered as similar in their relation to the faculties of the human head as examined by the phrenologist.

They are either found absent, normal, or exaggerated, as the case may be.

When normal they have only a slight elevation. Venus, however, is allowed a greater development.

When the mounts are normal they are at their best. When exaggerated they destroy the good qualities indicated by carrying them to excess.

A mount that is much crossed by confused lines is an equivalent to an exaggeration. These lines, however, must lie in the confines of the square under each finger. The illustration shows how much they may cover.

These mounts are seldom found at their proper places (at the root of the finger), but leaning to a neighboring mount, the meaning of which the reader will be able to interpret after their significance in their proper places has been learned.

A hand that shows a total absence of mounts, that is, when the space at the root of the fingers appears perfectly flat, even hollow, the indication is that the individual's life will be a negative one. This I have often noticed on hands where the individual had little or no chance to develop in early life, due to privation or opposition of parents.

When these mounts appear to be fairly in evidence, it denotes high principle and courage, also a life of peace and plenty.

On a hard hand the mounts are never as prominent as on a softer type. However, the firmness of the hand itself will make up for the deficiency and have the same significance as the developments on the soft hand.

#### The Mounts of the Hands.

The mount of Jupiter is found at the root of the pointing finger.

Its absence indicates a lack of respect for self, for parents, old age and religion. The subject is generally coarse and ill-bred in manner.

When normal, indicates ambition, honest pride, religion, rather reserved and a disinclination to mingle with new people. The owners possess energy, love for power and usually become leaders in their vocations and are well qualified for positions of responsibility or authority. It is the man's mount.

When exaggerated, indicates an overwhelming ambition, a dominating spirit, a selfish lover of power, vindictive, jealous, and one who is highly inflated with his own importance.

The mount of Jupiter is found at the root of the middle finger. When absent, indicates a poor and dull life.

When normal, indicates a love for somber things, solitude, caution, quietness, sincere and earnest in work, desire to invest money in land and buildings, also a longing for occult sciences and mental philosophy. For music, but of the sacred order. The confirmed bachelor often has the mount well developed.

When exaggerated, indicates extreme sensitiveness, melancholy, gloomy, and changeable in moods, also a sign of fatality and with a high mount of the moon, a constant horror of death; with a sloping head line, it is a sign of self-destruction.

The mount of the Sun is found at the root of the ring finger.

When absent, indicates a dull intellect and little interest in the beautiful of life, either art or nature. People with this mount fairly developed are often unhappy in their marital relations for their ideas are too high, and are prone to compare their own with those of others they may meet, thus noting their shortcomings, consequently are more impressed with others than their own.

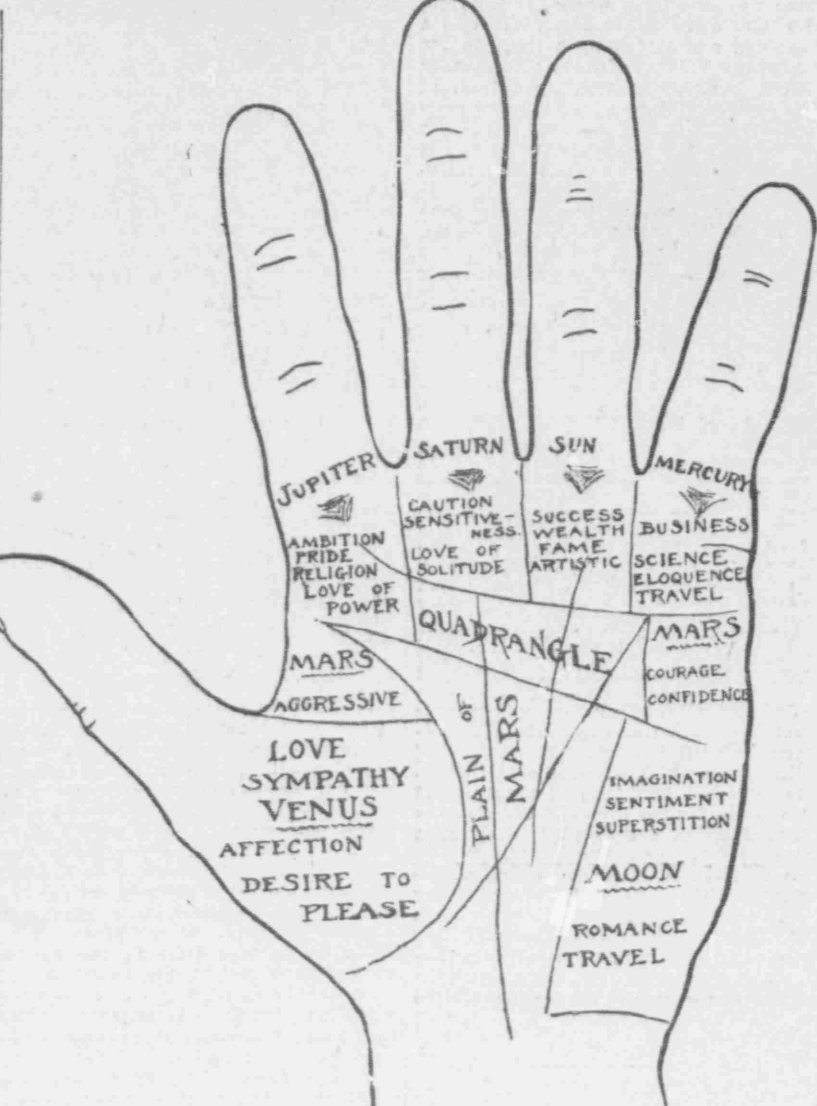
Mercury's Strange Function.

When exaggerated, indicates an extraordinary vanity, hankering after flattery and great desire for wealth, notoriety, show, envy, curiosity, and an unreasonable temper, are also recorded by the abnormal development of the mount. These subjects love to boast and brag and think themselves far superior to others. I admit, they often possess great talent, but are too obtrusive to be admired.

The mount of Mercury is found at the root of the little finger. When absent, indicates indifferent success in business. The absence of this mount is easily recognized by the little finger appearing as though it were pushed into the hand, thus making the line of the base of the fingers uneven.

When normal, is very essential and has two very important indications, either for good or bad, according to the hand. On a good hand it is very favorable, on a bad hand it makes the hand worse. On a good hand it indicates business success, eloquence, love for science—the successful doctor. Also a love for travel, excitement, wit, genius, rapidity of thought, and the power of expression. With a straight, clear head line, the successful business man or lawyer, as it gives clearness of judgment and force in argument. This mount is found in the hands of good players at games, the athlete; one who would not shirk hard work.

When exaggerated, indicates a cunning, deceitful and thieving nature.



CHIC LITTLE WALKING HAT.

The above sketch shows a small hat in light green bronze, the low crown encircled with a band of darker green velvet and on left side a broad wing in vivid colorings of green, brown, and orange, held in place with an attractive enamel buckle plated in greens.

First hats in the fall are prone to smallness—comfortable practicable little shapes, not too pretentious—and, as usual, a goodly supply of small hats is in evidence.

#### The Absence of Pretension

I wish cities could teach their best lesson—of quiet manners. It is the foible, especially of the American youth—pretension.—Ralph Waldo Emerson.

Emerson's wish, in regard to the "lesson of quiet manners," is specially applicable to women. It goes along with what Shakespeare says about the excellent virtue of "a soft voice," that is so evidently an accomplishment to "the quiet manners."

Wherever the avocation or the environment of women places her; however lowly or exalted her station may be, her influence immeasurably increased or lessened by her cultivation, or non-cultivation, of "quiet manners," and all that is included under so comprehensive a term.

The woman of "quiet manners" is the woman of quiet address. Not a staid dress, but that which avoids every tendency toward the flashy and conspicuous, that which is in entire harmony with the personality of the wearer, and adds dignity and force to the influence which dominates it. Loud taste and pretension go hand in hand with loud manners and loud speech, as onlookers, like Emerson, have every reason to know.

"Quietness of manner" is the truest mark of culture, that which is closely associated in womanly composition with modesty and refinement. The more truly cultured a woman is, the more rightly will she be able to estimate her intellectual attainments and the more effectively to make use of such attainments, through proper and legitimate channels.

All pretension is abhorrent to her as being the hall-mark of shallowness and superficialism. She wins her way and holds her own by the exercise of a courtesy and a tact which rarely justifies feelings, or awakens prejudice.

#### Don'ts for the Bedroom

Don't cover your head with bedclothes. Covers should be light, but warm. Don't sleep in too cold a room. From

55 to 60 degrees Fahrenheit is about the right temperature.

Don't fill your bedroom with knick-knacks and draperies. Have it as plain, clean and dust free as possible.

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#### About Mourning Attire

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#### Dinner Card Invitations

There is always a great demand for quotations suitable for dinner cards. These have all been taken from Shakespeare:

May good digestion wait on appetite, and health on both.  
Sit down and feed, and welcome to our table.  
Let them be welcome then, for we are prepared.  
Good digestion to you all, and once more I shower a welcome on ye; welcome all.  
I am glad to see you; much good it do you heart.  
Better cheer may you have, but not with better heart.  
Good sister, let us dine and never fret.

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